

DESIGN TOGETHER WITH US (AGES 5+)



DESIGN TOGETHER

ORIGAMI HEARTS GARLAND



5+ Sheets of 3"x3" Paper

Hint! You can cut this paper into 6 squares and follow the directions online with the QR code below

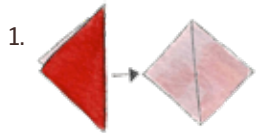
Materials to Gather



Tape

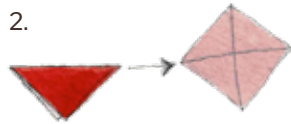


3+ Feet of String or Ribbon



1.

Fold your paper in half on the diagonal.



2.

Reopen your paper, fold it in half again from top to bottom, making a cross-shaped crease.

3.



Hold your paper with a point up, then fold the top point down to the center crease.

4.



Fold the bottom point to meet the top.

5.



Fold the right side to meet the middle crease.



6.

Fold the left side to meet the center crease.



7.

Flip it over to see the beginning of your heart!

8.



Fold the left and right outer corners in.

9.



Fold the top points down.

10.



You made a heart!



11. Place your hearts on the string.

12. Tape the folded points of your hearts to the string.

13. Hang your beautiful garland!

Name as many feelings as you can. What does a heart symbolize to you?

How can you show empathy when your friend or sibling is feeling sad or frustrated?

You've completed your garland! Share how it feels with your family or a friend. Ask how they feel!